



HKTA THE YUEN YUEN INSTITUTE NO.3 SECONDARY SCHOOL

EXPRESSION

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My Personal Profile



Desierto Josaya Josh Quinones, Josh
1A(19)

My name is Josh. I was born in 2002 and my birthday is on the 10th of November. That means I'm turning 13 this November. If you ask me which place do I like more, is it Hong Kong or my own country the Philippines, I would probably say Hong Kong. That's because in the Philippines there aren't a lot of tall buildings. It's mostly small houses in the Philippines but in Hong Kong there are a lot of enormous buildings. I like it more when there are a lot of tall buildings surrounding me. My favourite food though is probably Filipino food. I may have stayed in Hong Kong for about 6 years now but I still have a taste for Filipino food.

There are 7 people living in my house. They are my parents, my brothers, my grandmother and a helper. My mum is a juice bar manager. She sells organic beverages and she sometimes brings home some organic beverages for us to drink. My dad is a bar and restaurant manager. He makes cocktails and serves gourmet food. I have 2 brothers; their names are Josh Wayne and my youngest brother Jacob. Josh Wayne is 10 years old. He's sometimes good and sometimes naughty. Jacob is still 6 months old. He cries very loud but it's understandable because he's still a baby.

I studied from kindergarten 1 to primary 1 in the Philippines. I started studying in Hong Kong from primary 2. I studied in 2 schools. The first one was Lee Siu Yam and then I changed school to HKTA Wun Tsuen School. I changed school because Lee Siu Yam wasn't really fit for me so I picked Wun Tsuen. I had a lot of friends in Wun Tsuen in primary 6. Some of them are in the same secondary school as me now but most of them have gone to another school. I know it's not possible to see them all again but I hope I do so in the future.

I have 2 goals I want to achieve. My first goal is that I want to improve my Chinese because I want to get a job easily. I want to work not just in Hong Kong but also in other countries. My Chinese was very bad when I was in primary school. I would always fail in my Chinese exams but I have a feeling that I will improve now because the Chinese teachers in my new school - HKTA The Yuen Yuen Institute No.3 Secondary School are clever. My second goal is that when I grow up I want to be an architect. So, I have to study hard in Maths and I also have to improve my drawing skills so I can be a good architect. I hope I can achieve these two goals in the future.



A Letter to a Friend

SIDHV JASPREET KAVR, Jaspreet
2A (17)



Dear Ditsha,

Hey, how are you? I haven't written to you for a long time. Did you enjoy your summer holidays? What did you do during the long holidays? How's your school life going? I really enjoyed my summer time. I took a photography course and travelled to India for vacation. In addition, I did a lot of shopping this summer.

Recently I have visited a new shopping centre which is beautiful and spacious. It's called Festival Walk. It is located in Tat Chee Avenue, Yau Yat Chuen, Kowloon Tong. As you know, I live in Tseung Kwan O. So I could go there by MTR. I first heard of this shopping centre from my aunt who went there with her friend last month. I wanted to go there because my friend told me that there were lots of shops selling different products of famous brands.

The shopping centre is really very spacious and it has got seven levels. There are 830 spaces for car parking too. There are more than 100 jewellery shops, clothing shops, cosmetic shops, shoe shops, gift shops, etc. Many

of them are famous brand names. There are also Chinese, Western, Japanese, Korean and Thai restaurants. Needless to say, there is also the famous American coffee shop Starbucks. There are some facilities that are new, modern and well-designed for the needs of shoppers from different walks of life. There are facilities on every floor that guide the blind people to walk around the centre. And of course, there are well-managed toilets on each level. There is also a baby-care room next to each toilet.

I like this shopping centre because I can buy different kinds of products of high quality. In addition, I can eat many different kinds of dishes of Hong Kong, Japan, Korea, etc. However, the prices of both the food and the goods there are high. Anyway, high quality means high prices, right?

I hope you are interested in visiting Festival Walk with me. Maybe we can go there together next Thursday. What do you think?

Look forward to hearing your reply ASAP!

Bye,

Jaspreet

A Painful Bicycle Accident

Bisma Naz, Bella
3A(3)



Do you want to hear about my experience in a bicycle accident? Let me tell you about it! It is an extremely painful but helpful experience. I learnt an unforgettable lesson after this accident, so I want to share it with you, hoping that you will not repeat the same mistake I made.

These all happened during the last summer holidays. I had done all my holiday homework, so I went cycling with my friends. As always, we did not wear any protective gear as we thought it was not important. When I arrived at the destination, I chose the medium-sized bicycle which I always ride for cycling. Then my friends and I started cycling on the cycling track. As I rode quite slowly, all my

friends went farther away from me. After I had speeded up, an old lady suddenly came onto the cycling track on which I was cycling. Therefore, I turned instantly to avoid hitting her. Unfortunately, I crashed into a tree. I hurt my forehead really badly and it was bleeding. I burst into tears and was really scared. My friends rushed to me when they heard me screaming for help. They took me to hospital and soon I recovered. We were all panic indeed.

My forehead pained a lot but luckily it was not that serious. I learnt an important lesson that we must wear protective gear, like a bike helmet when cycling. We must not ride too fast. After this accident, I pay much more attention to road safety. I also hope that you will also be cautious while cycling. Cycling is not as safe as it seems!

Our Mother, Our Hero

Asif Kainaat
4A(2)



What does Good People mean? People who treat others with manners or help others when someone is in need? What does Good Deeds mean? Doing a certain action which is performed in someone's favor? Can be anything! All you need is a golden heart with bright golden words which are spoken out of your mouth. Following this, you can actually change someone's life from ordinary to extraordinary.

For sure, people had wondered in their life, 'How can we perform Good Deeds?' It sounds extremely hard to do. However, it's just a piece of a cake. All you need is the feeling given out from the inner you -Your Heart! One of the greatest things any of us can do in life is reach out and do a good deed for another human being. Whether it means offering your love and compassion, or making a charitable donation. There are many ways to bring sunshine into the lives of others, for example, expressing your feelings to someone who is special to you, donating your money to a worthwhile cause, donating your old books to libraries and etc.

Many people do good deeds for a wide variety of reasons. A good deed is helping someone without looking for a reward or a pat on the back. Think about how much one receives, but not how much is returned ! No matter what, you will feel exceedingly special after helping another.

According to me, who fits in all the requirements of a significant peacemaker is no other than Mother Teresa. Till now she is the most important peace hero of the 20th Century. Many well-known people have focused on bringing peace by political means, which will only befits them with a great demand of reputation. However these means may bring temporary relief, but not permanent. Mother Teresa addressed the root of all violence which is in the human heart. She believed in active peacemaking and taught that "Works of Love are Works of Peace. 'Her

power came from three different things: an understanding of peace, unwavering devotion to victims of all types of violence, and the beautiful example of her life.

There are many people in this world that we consider great humanitarians. Mother Teresa was a unique individual that stood out of the crowd because of her involvement in helping the sick, the poor and the dying. Mother Teresa was born in Skopje, Yugoslavia in 1910. In 1928 she suddenly decided to become a nun and traveled to Ireland to join the Sisters of Laredo. In 1929 Mother Teresa was teaching at a catholic high school in Calcutta. The city was filled with beggars, lepers, and the homeless and so on. Unwanted babies were left to die in garbage bins. Later on, she started to have conscious feelings for the need. She was extremely different from other teenage girls. Her unique side was that she never thought of herself, when others do. She spent every day of her adulthood caring for people that were in need by setting up the Missionary of Charity along with many homes for the people. She cared for those she loved. For her everyone was much more important than her own life. Mother Teresa won many awards throughout her life for her dedication to care for people in need. There is no doubt that Mother Teresa won a Nobel Peace Prize in 1979 and is considered a saint.

One of the stories that Mother Teresa spoke of in her speeches touched me a little closer than others. She speaks of going out into the streets and gathering the poor, the diseased and the drunks and of bringing them in and providing food, shelter and an opportunity to get clean. Many of these people would die when they were in the care of the sisters. Tears coming out from the eyes of mothers when they lost their loved children. It touched her. Whenever I read her Good Deeds, I got touched. It is hard to believe that in this cruel world, there are some people who still care for human beings, and still wants to spread humanity to the world. These people absolutely define GOOD PEOPLE WITH GOOD DEEDS.

The Anonymous Old Man

Kaur Simarjit
5A(11)



From time to time, I would stand or lay near that specific window from where I first saw him. Taught me heaps of things and did not take credit for any of the things he did.

Changed the whole community with his warmth and humbleness....I stood there peeking through the small holes of my curtains from my flat window, speechless and completely touched...His good deeds I can still remember, his face I will never forget.

If I could fly out of my window, hover over this great city, gently remove the roofs and peep in at the queer things which are going on, the strange coincidences, the sorrows, the hardships, the wonderful chains of events will surely leave my night sleepless. I would choose to see people's well-spent days and nights but shrug on when it might come to facing someone else's sorrow or hardship. He, however, was on a whole new level. He acted like summer and walked like rain, reminded me that it was time to change ...

Reading the newspaper today brought back the memories of his doings and the time that I first saw him. The flashbacks that I thought were being blurred were refreshed this time.

It was roughly 8 years ago on Halloween. The leaves were being blown away in a final flight .I was laying beside the window lost in thoughts enjoying the slow feather like falls of the leaves when I caught glimpse of the old man. He had a rather strange appearance — a shriveled toothless creature, feeble and walked with a cane. His deep wrinkles seemed to fit his facial features. His twinkling eyes were framed by thin white eyebrows. With each movement, there was a creak of old bones. I had an odd feeling when he looked upwards. He must have felt like he was being watched, I was scared but more of surprised as there had never been anyone new moving into this neighborhood in a long time. He was there with a purpose, I could feel it.

Our neighborhood was known for its poverty and the poor living quality. Every morning and afternoon, there

would be lines of people including my family members waiting outside the cheapest bakery shop. Nobody cared if one was dead or alive. They were too busy earning their own bread for their loved ones. Even though his arrival chilled me to the bone and made me feel like there would be a sudden twist in everything, I thought I was just overthinking.

The next day, however, things were different, people queuing in the same odd line were relatively less, the narrowed streets showed no signs of homeless and starving people.

Surprisingly I could ride my bicycle to school really comfortably for the first time. I rushed to the school hoping to hear about the weird things going around the neighborhood. There were rumors that free food boxes were placed at the corners of the street. Nobody saw who placed them but those who had nowhere to go or were hungry enjoyed the meals thoroughly. Weird chains of events didn't stop right there, free clothes were randomly placed on a big desk with the words "free, take if u need" written on a sheet of paper. People from my neighborhood hurried to get the clothes for their children and themselves. I snatched one of the dresses from the desk and wore it for the whole day, feeling like a rich kid. Finally something more than a half torn T-shirt.

The most unnatural thing was that the old man was nowhere to be seen throughout these events. It was as if he did not care about the free lunch boxes and clothes. I decided to sneak out in the morning to find out for myself. To make sure I was well hidden, I kneeled behind a stack of hay and while waiting I feel asleep, a few hours passed and by the time I woke up, people were already enjoying their free food boxes again. I panicked thinking that all my effort was in vain and so I started searching for someone looking rather strange or suspicious until I noticed the same old man again. He had no food boxes with him. Then, when everyone was out of sight, I saw him secretly grabbing a few lunch boxes out from his bag and placed it on the desk.

Sometimes I think I would rather be frightened than touched. At least when you are frightened you know it will not last long but when someone is touched, emotions run through your body so fast that it overflows as tears. Your heart that does the pumping bangs away in your chest like an old windmill on a stormy night. I ran to him and asked him why he did all these and his words left me speechless.

“There is no room for anything else when you're doing a good deed. You forget that you're tired or cold or hungry”. I promised that his secret would be safe with me. Even though I wanted to let it all out, telling everyone what he had done.

He kept helping like a spy. He did everything anonymously. What he did had warmed the heart of many people. People gradually realized that sometimes we were too focused on our lives and being too materialistic. Sometimes doing a good deed gives you something that food or clothes cannot give. He made our community come together. Something changed in our community. We were never the same old selfish us. We shared when we had more. We cared when someone was in pain.

Now, if I could fly out of my window, I would love to help those who are in need. The old man had left but I still recall his huge smile on his face, a smile that I have never seen on anyone's face before which was so gentle and yet powerful. He warmed my heart.



A letter about my career choice

Lau Yin Tung, Rex
6E(27)



Dear Grandfather,

It's been two years since I last saw you. I miss the dinner you cooked for me last time. I've graduated from high school but I'm not going to further my studies.

The reason is that I'm going to become a journalist. I want to exchange ideas with elites from all walks of life, including scholars, the government officials and outstanding performers in different fields. I remember last year, the impressive interview of Aung San Suu Kyi has inspired me to be a reporter. Aung San Suu Kyi is the winner of the Nobel Peace Prize and her determination to stand up for the underprivileged has truly touched my soul. Being a journalist will offer me the golden opportunity to get in touch with those giants of the world. Hardly can normal people do that.

Reflecting the injustice of the society is reporter's rights and responsibility. People are aroused their awareness of the widening wealth gap, environmental

pollution as well as health through news.

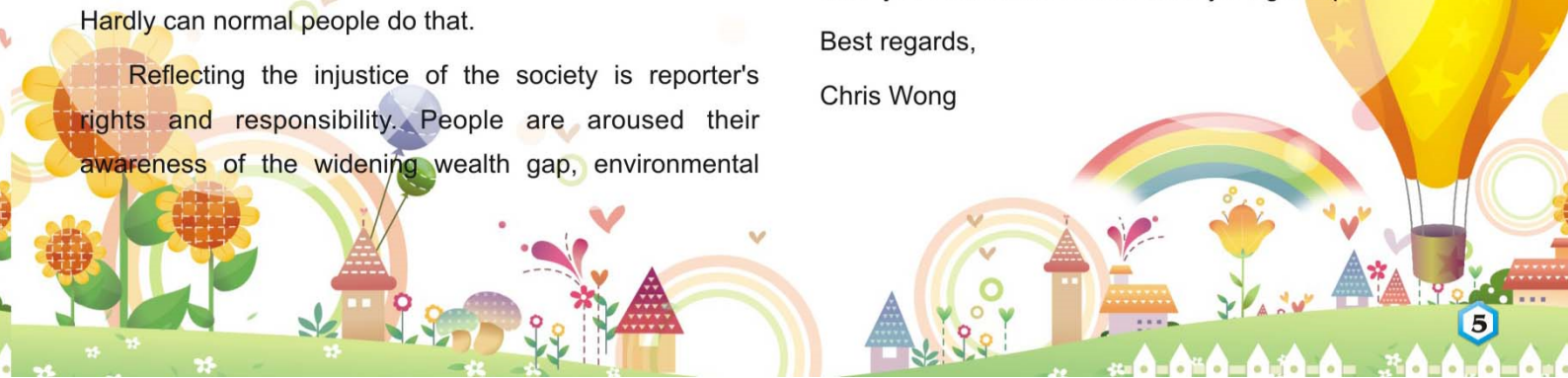
The career prospects vary depending on one's performance and opportunity. Some journalists have been working in journalism for over a decade, they still are not promoted. Well, I think the career advancement depends on my abilities and luck. Actually, there are lots of fringe benefits, like year-end bonus, lunch subsidy and housing allowance as well. It will save me a lot of money!

I've already sent my cover letter and resume to the Oriental Daily News, applying for the position of a reporter. I'm waiting for their response and the opportunity for an interview.

Anyway, I'm enthusiastic to be a journalist. No matter what happens, I will go on reporting the social injustice. You're always on my side, right? I'm grateful to you for what you have done to me. Love you, grandpa.

Best regards,

Chris Wong



Why take part?

Lin Junye, Chris
6E (28)



Hong Kong is a rich and hectic international city, but there are still many homeless sleeping on streets. They are too poor to have enough clothes to fight against the winter. This will definitely threaten their health. Yet, this condition can be changed. Street Sleeper Support (HK) is organizing a charity project to knit scarves for the street sleepers. We cordially invite you to take part in this project with our principal, the teaching staff and fellow students. Your participation will make a difference to them. What will be better than spending your leisure time in a meaningful event?

About the charity project

'Knit-along and Warm a heart' will be held at the Hong Kong City Hall this Saturday. Street Sleeper Support (HK) will invite 3 famous hand-made artists to teach all

the participants how to knit a warm scarf. We will prepare all the required materials. The only thing you need to do is arriving on time and following the instructions. All finished scarves will be sent to those needy. In addition, Cheung Kong Industries will donate HK\$500 for each scarf to build a new Street Sleeper's Home in Mong Kok.

The work of Street Sleeper Support

Street Sleeper Support (HK) is a non-profit making organization and it was established in 2010 by a famous philanthropist, Mr Pang Nin Yu. Its aim is to help all the street sleepers in Hong Kong. Half a decade ago, it helped more than 2000 street sleepers to get back to normal. In the future, it will keep on helping more street sleepers. We need more people with lofty virtue to join. We encourage our fellow students to become volunteers for giving back to the society.

How to be a healthy and happy teenager

Huang Yuwei
6E (24)



Healthy and happy lifestyle is so crucial to our lives that if we do not live healthily and happily, everything else in life loses its importance. We may have many expensive things at our disposal, but if we have unhealthy lifestyle, we may not be able to enjoy the goodness that life offers to us. Many times, we do not realize our healthy ways till some undesirable effects show up. Keeping the importance of healthy and happy lifestyle in view, I suggest some ways that lead you to be a teenager of such.

First of all, staying active is primary and vital for a healthy and happy lifestyle. Walk, run, play, swim, climb, jump, cycle- do all these activities that will keep you physically fit. School learning requires us to sit for long hours, take frequent breaks, get up often and stretch. Do not let laziness shroud your body and mind. Clean house,

do gardening, go cycling..., there are many simple ways to lead a healthy and happy life.

Secondly, keeping clean certainly can induce a better life. Cleanliness can create a healthy and positive ambience that is very essential to a healthy and happy life. Neat and well-organised places are conducive to healthy mind and body. Unclean and untidy places not only can irritate you but also make you sick.

Finally, the healthier food you eat, the healthier your lifestyle will be. Healthy and delicious food can rejoice you and make you happy. You can adjust your mood through eating. Eating some chocolate when you feel sad can let you feel better.

Life is all about choice. Be active or lay idle, keep clean or live in trash, eat healthy or feast on junk, think positive or negative... choice is yours. Healthy choices lead you to be a healthy and happy teenager.

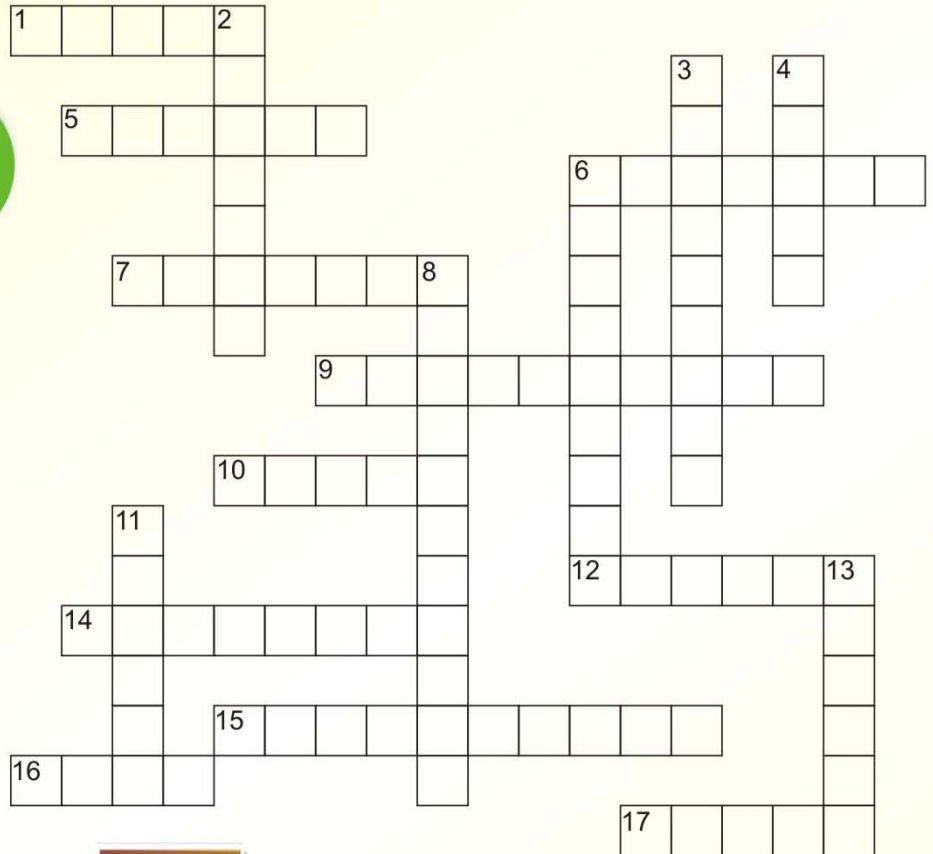


What are your hobbies?

Unscramble the words and fit them in the puzzle.

Dear YY3 students,

To take part, complete the crossword puzzles below and put it into the envelope posted outside Room 109 by April 22 (Friday). Awards will be given to you.



ACROSS

1. Patrick spends many hours on playing _____ games every day.
5. My brother likes playing the _____ (musical instrument).
6. Bob enjoys _____ the Net because he loves watching the online videos.
7. My mother is interested in planting _____ especially roses.
9. I usually go _____ in summer under the fabulous sunshine.
10. We all love listening to pop _____.
12. She likes collecting sea _____ at the seaside.
14. I always play soccer on the _____ to make new friends.
15. Do you like playing basketball and _____ which can enhance our team spirit?
16. My grandmother usually goes for a walk in the _____ after dinner.
17. My grandpa enjoys playing _____ (board game).

DOWN

2. Skydiving is an _____ activity.
3. Mary is always working in the garden since she loves _____.
4. I like collecting _____ of different currency in the world.
6. I _____ go shopping with my mum in Causeway Bay.
8. We can build _____ on the beach during the summer.
11. He likes making a snowman and skiing in _____.
13. Jonathan likes collecting _____.

Your information:

Name: _____ Class: _____ ()

Your voice

- What is/are your favourite hobby/hobbies? Describe your hobby/hobbies and explain why you like it/them.
- As a secondary school student, which hobby/hobbies do you think we should have? Why?

Well, you can with Expression. Have your say and share with students in our school.

To take part, submit your essay (written or printed version) on either of the questions to your English teacher or put it into the envelope posted outside Room 109 by April 22 (Friday).

The top five entries will be published in our next issue and big prizes are waiting for you!

WonderWord



Animal World

All the words below appear in the grid, horizontally, vertically, diagonally, even backwards. Find them and circle the words.

Letters left over spell the WonderWord!

To take part, complete the mini-game and fax this page to us at 21783636

or email to yy3mail@hktayy3.edu.hk by April 22 (Friday). A fancy gift will be awarded to you.

M	S	G	W	W	H	T	A	L	E	O	Y	H	Z	R
M	H	C	C	Z	K	Y	N	W	I	Y	O	O	D	U
Z	E	P	B	P	V	S	U	A	O	Z	Y	E	R	A
W	E	O	C	Z	N	O	I	L	H	C	A	E	S	S
T	P	L	E	R	R	I	U	Q	S	P	F	R	K	O
U	Q	A	A	K	M	E	S	M	W	F	E	A	D	N
R	B	R	R	M	L	D	O	N	A	E	N	L	Y	I
T	I	B	B	A	R	N	O	R	A	G	Z	Z	E	D
L	H	E	E	K	K	P	I	E	A	K	D	G	Y	T
E	B	A	Z	E	P	G	U	R	K	I	E	Q	C	Q
R	L	R	Y	I	P	J	O	C	F	G	J	C	L	E
F	E	X	H	A	F	O	J	H	A	M	S	T	E	R
H	Y	G	N	R	O	H	R	T	B	Z	H	Z	E	F
V	U	D	I	V	G	D	V	E	E	N	M	Z	S	J
Y	A	S	F	T	E	A	G	L	E	B	J	E	A	H



Words to find:

COW	DINOSAUR
ELEPHANT	GIRAFFE
HIPPO	KANGAROO
LIZARD	MONKEY
POLAR BEAR	RABBIT
SNAKE	SQUIRREL
TURTLE	ZEBRA

EAGLE
HAMSTER
LION
PANDA
SHEEP
TIGER



Contact information

Name: _____

Contact number: _____

Primary school: _____ Level: P. _____

Email: _____

Your voice

Which of these animals is the cleverest animal in the world? Why?

Well, you can with Expression. Have your say and share with students around Hong Kong.

To take part, email your answer with your name, age and school, along with a nice, clear selfie(make sure it's not blurry), to yy3mail@hktayy3.edu.hk by April 22 (Friday). Be sure to include "Your voice" in the subject line. For any queries, please contact Ms Suen at 21783223.

The top five entries will be published in our next issue and big prizes are waiting for you!